

# HEALTHY **VS** ABUSIVE RELATIONSHIP RELATIONSHIP

Acceptance  
Affirmation  
Comfort  
Compromise  
Connection  
Forgiveness  
Freedom  
Honesty  
Humility  
Partnership  
Respect  
Responsibility  
Safety  
Satisfaction  
Solutions  
Support  
Togetherness  
Trust  
Understanding  
Validation

Blame  
Condescension  
Control  
Criticism  
Degradation  
Hitting  
Humiliation  
Insults  
Intimidation  
Isolation  
Lies  
Minimizing  
Nagging  
Name Calling  
Neglect  
Property Destruction  
Slander  
Stalking  
Threats  
Violence