

## **SPIRITUALLY HEALTHY PEOPLE SHARE THESE TRAITS**

- The ability to receive God's forgiveness and give forgiveness to others.
- The ability to articulate a personal testimony and reflect on a time when Christ became their personal Lord and Savior.
- The ability to recognize God's presence and power in their life.
- The commitment to read and study God's Word while striving to apply accurate biblical truth to life situations.
- The ability to share the gospel and defend the faith.
- The commitment to pray, fellowship, and worship with other believers.
- The commitment to spend time daily with God in prayer and a willingness to listen to His will.