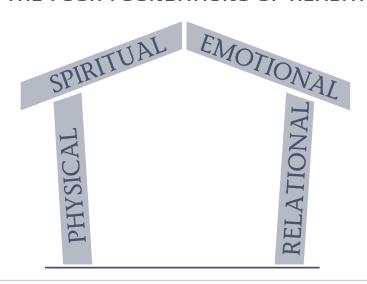


OVERCOME OBSTACLES

THE FOUR FOUNDATIONS OF HEALTH



THE FOUR PESTS OF PRESSURE THAT DESTROY HEALTH

